

INDEPENDENT TRAVEL TRAINING

Did you know that many people with learning disabilities and/or autism CAN learn to travel independently?

Our professional travel trainers support people with learning disabilities and/or autism to attain skills to safely travel on their own, supporting their greater independence

What is travel training?

Travel training is practical support to help someone learn to travel on their own

Who provides training?

At Merton Mencap, we have 3 travel trainers who are specialists at supporting young people and adults with learning disabilities and/or autism to develop skills for independent travel

Where does training take place?

In the local community. Our travel trainers support people individually to learn to travel between two locations which may include using buses, trains, trams and negotiating roads

When does training take place?

Our travel trainers arrange dates and times for training with the person and their carer

How long does travel training take?

It depends on the person and the complexity of the route being learnt. Training generally takes between a few weeks and a few months.

Will the person being trained be left on their own?

No. Unless we gain permission from the person being trained and their carer, travel trainers will always accompany them.

What happens at the end of training?

When our travel trainers feel training has reached its conclusion, they advise the person and their carer. The decision to travel independently is up to the person and their carers to agree.

Is there a cost to travel training?

No. Our travel training service is funded. We do provide opportunities for everyone using our services to make a donation to support our charity if they wish.

Can people give feedback after training ends?

Absolutely. After training ends, we invite the person and their carer to feedback their experience to us.

For more information, please contact:

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