

Emergency Planning Workshop

What would happen if you suddenly couldn't care?

Please join us for refreshments, chat and a practical workshop for family carers of adults with a learning disability or autism who live in the family home.

Life can be unpredictable. This friendly, practical session run by our Merton Mencap Carers Team, Yvonne Dawes and Carolyn Doyle will help you think ahead and plan for the unexpected.

We'll explore:

- What information others would need to know.
- Who could help in an emergency.
- Important contacts and essential details.
- Creating a simple emergency plan for your family member
- Practical tips to give you greater peace of mind.

Come along, get practical advice and leave with the tools to start creating your own emergency plan.

Date: Wednesday 30th September 2026

Time: 10.30am-12.30pm

Venue: Canons House, Kitchen Room, 19 Madeira Rd, Mitcham, CR4 4HD

To book your free place:

partnership.coordinator@mertonmencap.org.uk

Message 07546 695320 or book through Eventbrite

bit.ly/4qyseCK

